



Message from Your Program Coordinator



Celebrating 50 years of Friendships & Fellowship

Looking for a way to contribute?

The Events Committee is recruiting volunteers for the
50th Anniversary Gala & The Fashion Shows

For more information,
please contact Tammi or Susan in the office
& watch for sign-up sheets to be posted to
the bulletin board.

Tammi Kelly - Program Coordinator
Susan Landry - Program Assistant
Monday to Friday
8:00am to 4:00pm
Phone: (204)756-6468
Email: ebssinc1@gmail.com
Website: ebseniorscene.ca



Dates to Remember....

- | | |
|---------------------|---|
| Wednesday, May 1st | - 50th Anniversary Gala - Planning Meeting & Happy Hour |
| Thursday, May 2nd | - Beginner Stained Glass with Karen Watson |
| Monday, May 6th | - "Wolves" Presentation with Daniel Dupont |
| Wednesday, May 8th | - Gardening with Marcel at Chevrefils Greenhouse |
| Saturday, May 11th | - "Mexican Fiesta" Social Event |
| Thursday, May 16th | - "Writing Memoirs" with Donna Besel |
| Tuesday, May 21st | - Photo Day Appointments |
| Thursday, May 23rd | - EBSS General Meeting & Luncheon at Noon |
| Thursday, May 23rd | - Patsy Cline Tribute Show & Band |
| Tuesday, May 28th | - Bridge resumes in-house |
| Wednesday, May 29th | - Food Safe/Food Handlers Certification Workshop |

- | | |
|----------------------|---|
| Thursday, June 6th | - Beginner Stained Glass - group 2 |
| Saturday, June 8th | - 50th Anniversary Gala Celebrations |
| Wednesday, June 12th | - Intro to Stained Glass - 1 day workshop |
| Saturday, June 22nd | - EBSS Fashion Show |
| Sunday, June 23rd | - EBRC Fashion Show |



Photo Days

Be a part of the Legacy!

Please consider having your photograph taken to be included in our
Special Edition 50th Anniversary

East Beaches Social Scene 2024 Directory

You are not obligated to purchase a photo package, however the option to do so is available.

Additional "Photo Days" have been added

June 3rd, 4th & 5th

2:30 pm to 6:00 pm

To book your appointment time click on the link below, or
Contact the office at 204-756-6468 or email: ebssinc1@gmail.com

[BOOK NOW!
CLICK HERE](#)



Weekly Programs

Monday	9:00am	Fitness Class	- Heather Dionne
	11:00am	Falls Prevention	- Tammi Kelly
	7:00pm	Cards/Games	- Frank Bagnall
	7:00pm	Mahjong (last Monday)	- Rumona Dickson
Tuesday	10:00am	Line Dancing	- Mary McIntosh/Heather Dionne
	2:00pm	Bridge (online) (in-house starting May 28th)	- Rod Bollman
Wednesday	8:45am	Fitness Class	- Heather Dionne
	10:00am	ADP	- IERHA/EB Resource Centre - Norma Crawford
	11:00am	Falls Prevention	- Tammi Kelly
	4:00pm	Photography	- Dennis Muldrew
	6:00pm	Line Dancing	- Heather Dionne
Thursday	9:00am	Stained Glass	- Karen Watson/Tammi Kelly
	9:30am	Quilting/Crafts	- Carol Wright
	7:00pm	Cribbage	- Corrie Miller/Christina Dueck
Friday	9:00am	Fitness Class	- Heather Dionne
	1:30pm	Carpet Bowling	- Heather Dionne
	1:30pm	Bridge (in-house)	- Don Green
	7:00pm	Bingo	- Diana Ateah/Gloria Lemke/Christina Dueck

Golf Season is here!

Ladies Golf Mondays at 10:00 am
Men's Golf Wednesday at 9:00 am

For more information, please contact
Michelle & Charles Boudreau



50th Anniversary Gala - Planning Meeting & Happy Hour

*50th Anniversary
Golden Gala
Planning Meeting*

DATE: WEDNESDAY, MAY 1ST

TIME: 4:00PM

BRING YOUR FAVORITE APPETIZER
FOR THIS
HAPPY HOUR MEETING
CASH BAR AVAILABLE

EAST BEACHES SOCIAL SCENE
3 ATEAH RD, VICTORIA BEACH

General Meeting & Luncheon

East Beaches Social Scene

*General Meeting &
Luncheon*

23.05.2024

Thursday, May 23rd
Luncheon at Noon
Meeting at 1:00 pm

*Everyone
Welcome*

**3 Ateah Rd
Victoria Beach, MB
204-756-6468
email: ebssinc1@gmail.com**



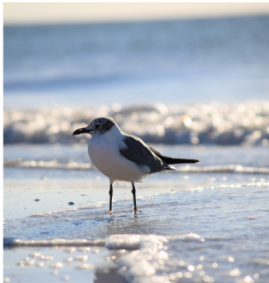
Wildlife Presentations

EAST BEACHES SOCIAL SCENE

Wildlife Presentations



“Shoreline Birds”
presentation & discussion with
Tim Poole, Species at Risk Biologist
Habitat and Endangered Species
Section, Wildlife Branch, Natural
Resources & Northern Development
Monday, April 29th @ 1:30pm
Cost: Drop-in fees apply



“Wolves” Presentation

With Daniel Dupont, Ph.D. in progress (he/him)
Biology professional-teacher – Department of Experimental Sciences
University of Saint-Boniface
Monday, May 6th @ 1:30pm
Cost: Drop-in fees apply



Gardening with Marcel @ Chevrefils Greenhouse

EAST BEACHES SOCIAL SCENE



CHEVREFILS Greenhouse

**Gardening with Marcel
Wednesday, May 8th , 2024**

**This workshop takes place at
Chevrefils Greenhouse in St. Georges
Seating is limited**

**Please contact the
office at
204-756-6468 or
ebssinc1@gmail.com
for more
information or
to register**

Mexican Fiesta

Come Join Our
MEXICAN FIESTA



SATURDAY, MAY 11TH

TICKETS: \$20 PER PERSON

DOORS OPEN AT 7:30P.M.

DJ TIM EDWARDS
ORANGE DOOR PRODUCTIONS

MUSIC  **DANCING**  **FOOD**

EAST BEACHES SOCIAL SCENE

3 ATEAH RD, VICTORIA BEACH - (204)756-6468

EAST BEACHES SOCIAL SCENE

Writing Memoirs and Stories from Your Life

Have you ever wanted to write about your life before it gets forgotten? How can you get started and keep going, to record your stories or give children and grandchildren the gift of family memories?

Sessions will include: writing exercises and tips, challenging discussions, imagination-openers. Find fun and inspiration in our memoir writing class.

Date: Thursday, May 16th

Time: 12:30 pm to 4:30 pm

Cost: \$55/person

Donna Besel:

Donna loves writing of all kinds, and does presentations for schools, libraries, universities, conferences, and retreats. Her work has gained recognition from CBC Literary Awards (three times), won national contests and appeared in literary journals, magazines, and anthologies. Her two books, a collection of short stories and a memoir, were both bestsellers at McNally Robinson Bookstore. In 2021, Manitoba Arts Council awarded her their Rural Recognition Prize to acknowledge her writing career and volunteer work to promote the arts. The forests of Eastern Manitoba, where she has always lived, provided endless ideas and settings for her "boreal stories".



EBSS Fundraiser - Support

*The Best
Recipes*

**EAST BEACHES SOCIAL
SCENE
2024 COOKBOOK**



Please forward your
favorite recipes to:
ssrecipes2024@gmail.com

Patsy Cline Tribute Artist

Tickets on sale now!!

Check out the bulletin board for the volunteer opportunities

EAST BEACHES SOCIAL SCENE PRESENTS...

**THE PATSY CLINE TRIBUTE SHOW
& BAND FEATURING
LAURIE SUTHERLAND**



**TICKETS
\$20**

THURSDAY, MAY 23RD

**DOORS OPEN @ 6:00PM
SHOW BEGINS @ 7:00PM**

CASH BAR AVAILABLE

EAST BEACHES SOCIAL SCENE
3 Ateah Rd., Victoria Beach
(204)756-6468
email: ebssinc1@gmail.com



Food Safe/Food Handlers Certification Workshop

EAST BEACHES SOCIAL SCENE

Food Safe/Food Handlers Workshop

Keep Food Safe, Clean, Covered and Chilled



Wednesday, May 29th, 2024

10:00 am to 4:00 pm

**Call 204-756-6468 or email: ebssinc1@gmail.com
for more information or to register.**

50th Anniversary Gala

Tickets on sale now!!
Check out the bulletin board for the volunteer opportunities

East Beaches Social Scene

REQUESTS THE HONOR OF
YOUR PRESENCE AT OUR

50th Anniversary Gala

June
SATURDAY **08** 5:30 PM
2024

Tickets: \$70 per person
includes a \$20 tax receipt

Please contact the office for tickets
&/or table reservations

3 Ateah Rd, Victoria Beach
Phone: 204-756-6468 or
email: ebssinc1@gmail.com

The Fashion Show

Get ready!

Tickets for this years Fashion Show go on sale Wednesday, May 1st

Tickets can be purchased at East Beaches Resource Centre,

East Beaches Social Scene and at

Carol's on Leon.

* Please advise of dietary restrictions and table reservations at time of ticket purchase.



Fashion
SHOW

Saturday, June 22
Sunday, June 23

Doors Open at 11am

3 Ateah Rd
Victoria Beach

Tickets \$30/person

Calendar of Events

(To download a pdf version of the calendar, simply click on the photo)

April '24

S	M	T	W	Th	F	Sa
1	2	3	4	5	6	
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

East Beaches Social Scene May 2024

June '24

S	M	T	W	Th	F	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 8:45am - Exercise 10:00am - ADP 11:00am - Falls Prevention 6:00pm - Line Dancing	2 9:00am - Stained Glass 10:00am - Quilting-n-Craft Projects 7:00pm - Cribbage	3 RMVB Regional Meeting at 9:00am 1:30pm - Carpet Bowl 2:00pm - Bridge 7:00pm - Bingo	4
5 Cinco de Mayo	6 9:00am - Exercise 11:00am - Falls Prevention 1:30pm - "Wolves" Presenta 7:00pm - Cards/Games	7 10:00am - Line Dancing 1:00pm - "Moving Strong Free & Easy with Sara 2:00pm - Online Bridge	8 10:00am - ADP 10:00am - "Gardening with 11:00am - Falls Prevention 4:00pm - Photography 6:00pm - Line Dancing	9 9:00am - Stained Glass 10:00am - Quilting-n-Craft Projects 7:00pm - Cribbage	10 9:00am - Exercise 1:30pm - Carpet Bowl 1:30pm - Bridge 7:00pm - Bingo	11 Mexican Fiesta Social at 7:30 pm
12 Mother's Day	13 9:00am - Exercise 11:00am - Falls Prevention 7:00pm - Cards/Games	14 10:00am - Line Dancing 2:00pm - Online Bridge	15 8:45am - Exercise 10:00am - ADP 11:00am - Falls Prevention 6:00pm - Line Dancing	16 9:00am - Stained Glass 10:00am - Quilting-n-Craft Projects 12:30pm - Creative Writing 7:00pm - Cribbage	17 9:00am - Exercise 1:30pm - Carpet Bowl 1:30pm - Bridge 7:00pm - Bingo	18 (Private Function)
19	20 STAT 9:00am - Exercise 7:00pm - Cards/Games	21 IPC Directory overflow day 6:00pm - RMVB Council	22 8:45am - Exercise 10:00am - ADP 11:00am - Falls Prevention 4:00pm - Photography 6:00pm - Line Dancing	23 EBSS General Mtg Luncheon at Noon Meeting at 1:00 pm 7:00pm - Patsy Cline Tribute Artist & Band	24 9:00am - Exercise 1:30pm - Carpet Bowl 1:30pm - Bridge 7:00pm - Bingo	25 RMVB Zoning Bylaw Open House Noon to 6:00pm
26	27 11:00am - Falls Prevention 1:00pm - EBRC AGM 7:00pm - Cards/Games	28 10:00am - Line Dancing 2:00pm - Bridge (in-house)	29 10:00am - ADP 10:00am - Food Safe Workshop 6:00pm - Line Dancing	30 9:00am - Stained Glass 10:00am - Quilting-n-Craft Projects 7:00pm - Cribbage	31 9:00am - Exercise 1:30pm - Carpet Bowl 1:30pm - Bridge 7:00pm - Bingo	1
2	3	Notes				



East Beaches Resource Centre

#3 Ateah Road,
Victoria Beach MB
Phone 204 -756-6471
E-mail: ebresourcec@gmail.com



Community Resource Coordinator:
Norma Crawford
Office Hours:
Mon/Wed/Fri 8:30am-4:30pm

Did You Know?

The IERHA has expanded the service area of the **East Beaches Resource Centre** to include **Grand Marais, Grand Beach** and down P500 from **Sunset Beach** to **Patricia Beach**.

Come to our Meet n' Greet on Saturday, May 4 from 10 am to 1 pm at Spirit Rock Café Inn, in Grand Marais to learn more.



Find out how the East Beaches Resource Centre can be of help to you.

East Beaches Resource Centre has been serving Community for 26 years
our Annual General Meeting will be held on May 27 at 1:00pm
Social Scene
3 Ateah Rd, Victoria Beach
Everyone is welcome to attend.

EBRC Fashion Show 2024
Sunday, June 23
Tickets available May 1st
at the Resource Centre office
Social Scene, and
Carol's on Leon



COFFEE & TALK
with the
Ladies Coffee Group
East Beaches
Resource Centre

FRIDAY, May 3, 11am
FRIDAY, May 17, 11am
FRIDAY, May 31, 11am

BIRCHWOOD HOTEL RESTAURANT

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Support your active lifestyle by giving yourself the freedom to safely do what you love. Wherever. Whenever.

Stay protected anywhere in Canada with our advanced GPS locator and automatic fall detection, ensuring quick access to help even if you are unable to press the button yourself. Our all-in-one On the Go system allows for Two-Way Voice Communication during a fall or emergency, and easy access to our response center associates 24/7.

For more information call 1-888-722-5222 or 204-756-6471

East Beaches Social Scene

Active Living for Adults 55+

3 Ateah Rd, PO Box 115

Victoria Beach, MB R0E 2C0

Phone: (204)756-6468

Email: ebssinc1@gmail.com

ebssinc2@gmail.com

Website: www.ebseniorscene.ca

Facebook: www.facebook.com/ebsocialscene

