

East Beaches Community Newsletter

MAY 2026

Providing information on activities & community events throughout the East Beaches and surrounding areas

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Victoria Beach MB
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Website: www.ebseniorscene.ca



Office Assistant - Corrina Broschuk
Executive Director - Tammi Kelly
Office Hours:
Monday to Friday
8:00am-4:00pm

IDENTIFY AND HARVEST YOUR FUNGI !!

Join mushroom cultivation expert Tom Nagy of River City Mushrooms and learn how to identify and harvest the mushrooms growing in our local habitats. This presentation takes place on **Wednesday May 6th, 2026 @ 1:30pm.** Cost: \$5.00 per person.



LET NO ONE BE ALONE WEEK MAY 3 - 9, 2026

Let's break the effects of social isolation. We all need connection. Small acts of connection can have a lasting impact.



EBSS Golf Tournament taking place on Saturday May 23rd, 2026 at the Victoria Beach Golf Course. More info to follow!

FORE !!



STRUT YOUR WAY OVER TO....

THE FASHION SHOW
June 13 & June 14, 2026
Tickets: \$40/person
Doors open @ 11:00am

TICKETS ON SALE MAY 1ST

Join us for an afternoon fashion show and luncheon along with silent auction prizes and a 50/50 raffle. Get your tickets before they sell out!!



Weekly Programs

Mon	9:00am-11:00am-7:00pm-	Fitness Class Falls Prevention Exercise Class Cards/Games
Tues	10:00am-2:00pm-	Line Dancing Bridge (on-line)
Wed	9:00am - 10:00am-11:00am-6:00 pm - 7:30pm-	Fitness Class ADP Golden Club Falls Prevention Exercise Class Line Dancing Cribbage
Thurs	10:00am-	Quilting-n-Craft Projects
Fri	9:00am-11:00am-1:30pm-1:30pm-7:00pm-	Fitness Class Falls Prevention Exercise Class Bridge (In-House) Carpet Bowling Bingo
Sun	11:00am-	AA Meeting



CAN'T WAIT FOR JULY? NEITHER CAN WE!!

Keep your eyes and ears open for more information regarding the Mega Lot Sale and Family Fun Day coming in July!



FOLKLORAMA 2026 THURSDAY AUGUST 6TH, 2026

Come and join our VIP tour and experience cultures from around the world. Visit the fascinating pavilions of Pearl Of The Orient Philippines, Ireland and Scotland. Your VIP tour includes transportation to/from the Social Scene, a cultural guided tour of the 1st pavilion, 3 course meal, beverages and VIP service. Ticket prices are \$105/member and \$110/guest. Call the EBSS office for registration and payment arrangement information @ 204-756-6468



East Beaches Resource Centre

Community Resource And Transportation Coordinator: Tara Thomas
Resource And Transportation Coordinator Assistant - Sue Anderson



3 Ateah Rd. Victoria Beach, MB
Mon-Wed-Thurs-Fri
8:00am - 4:00pm
Email: ebresourcec@gmail.com
ridesEBTP@gmail.com
Website: ebresourcec@weebly.com

36058 Hwy 12 Grand Marais, MB
Tuesday
8:00am - 4:00pm
Phone: 204-756-6471 (Resource)
431-260-0017 (Transportation)



EAST BEACHES RESOURCE CENTRE

Annual General Meeting
Monday May 11, 2026
Time: 1:00pm

3 Ateah Road
Victoria Beach, Manitoba
204-756-6471
ebresourcec@gmail.com

Everyone Welcome

Nature's Nectar: Unlocking CBD Potential

CBD, an alternative medicine. Is it right for you?

Join us for an informative
afternoon with Courtney from
Fish and Baked, Traverse Bay

MONDAY MAY 25TH

At East Beaches Resource Centre
3 Ateah Rd
1 pm
Space is limited. To
reserve your spot
Call 204-756-6471



East Beaches Resource Centre
May
Ladies Coffee Group
CANCELED
See you in JUNE! Save the dates! June 8th and June 22nd

Let No One Be Alone
Your Prescription for Connection!
"Refills: Unlimited"
Rx
Invite someone for coffee or a visit.
"Connection often begins with a simple invitation."
Let No One Be Alone Week | May 3-9, 2026 - #NotAloneMB #PrescribeConnection

SAVE THE DATES! UPCOMING EVENTS! Stay tuned for more details.
June 14th, 2026 EBRC "The Fashion Show"
August 29th, 2026 Live Well Expo

"The important thing to remember is that I'm probably going to forget" (Martin Scorsese)





Merry Makers Presents Ladies' Day
Theme "In Our Gardens"
Sunday May 31, 1pm-3pm
Desert & Refreshments Served
All are Welcome!

BEACHES FITNESS LOCATED AT EAST BEACHES SOCIAL SCENE
1000 square feet of brand new equipment.
Memberships from 2 weeks to a year.
Beachesc.ca/Fitness-Signup

BEACHES COMMUNITY CENTRE RENTALS

Rooms for 10 to 400.
Weddings, socials, showers, meetings and family events. Contact:
Bruce Morrison at 204-756-6463.

SUMMER WINDS FAMILY MUSIC FESTIVAL

Takes place July 17th & 18th, 2026.
Tickets and info at Summerwindsmusic.com

MEMBERSHIPS

Available online at:
beachesc.ca/membership or fill out the form available at the Beaches canteen.
NEW: Annual membership renewal is now September 1. Details online.

BOARD MEETINGS

2nd Tuesday of the month at 6:00pm.
All members are welcome to attend. Agendas and minutes are posted at Beachesc.ca.

PICKLEBALL DAILY AT BEACHES

Starts at 9:00am. Seasonal, monthly and drop-ins welcome!

BEACHES COUNTRY MARKET

Every Saturday from June 20 – Sept 19.
Vendor registration is now open at Beachesc.ca/beaches-country-market.
If you have any questions please contact VBcountrymarket@gmail.com

WWW.BEACHESCC.CA
CONTACT@BEACHESCC.CA

SPRING FISH FRY – JUNE 20th

Supporting Beaches and the VB Fire Department. **Check Beachesc.ca**

STATISTICS CANADA IS HIRING

In the East Beaches for the 2026 Census.
Contact: 1-833-830-3106.
Resumes accepted through June 2026.

PET VACCINE CLINIC – MAY 6, 2026

10am to 3pm at the Beaches CC.
Dog and cat vaccines available. For more information contact
Lisa at Lac Du Bonnet Veterinary Service:
204-345-2535.

RUMMAGE SALE DROP OFF

Drop off your gently used clean items to the shack beside the skating rink to support the Merry Makers Fall Rummage Sale.
Questions? Contact Lynn Anderson at 204-754-7557.

GRAND MARAIS COMMUNITY CENTRAL & RV PARK

Now Open Noon - 4pm weekends
Starting Monday May 18th
Open daily 10am - 5pm
36058 Hwy 12, Grand Marais, MB
gmcrcrvpark@gmail.com
204-754-3596
grandmaraiscommunitycentral.ca

Applications are ready for the **CENTRAL MARKET** taking place every Friday Jun 26 – Sept 4 or **ARTISANS AT THE BEACH FESTIVAL** on Sunday July 5th. Vendors and/or Artisans please email gmcrcrvpark@gmail.com to get yours.

Rib Dinner Night at GMCC

Building a Stronger Community Fundraiser. Proceeds will go towards building a covered sun shelter. Join us on Thursday May 21st, 2026. \$30 per person. Held in the GMCC Building. Cocktails 5:30 / Supper 6:00 Limited seating available. Tickets must be bought in advance, Contact info above to reserve your seat. For more info visit our Facebook Page!

Come inside, relax and enjoy the free WIFI and lending library of great books, puzzles, dvds & games

Moonlight Munchies and More has Coffee, tea or hot chocolate - \$2.00 Water and assorted cookies - \$1.00

GRAND FITNESS GYM 24 / 7 / 365
Call us to inquire about a membership!

Rent our facility for your special occasions!! Birthdays, weddings, baby showers, anniversaries, etc.
Call 204 754 3596 to inquire.

GRAND MARAIS PRIMARY HEALTH CARE CLINIC

Open every Tuesday year-round.
Appointments only.
Call: 204 367 2278



Eastern Beaches
DEVELOPMENT CORPORATION
(referred to as EBDC)

Box 279
Grand Marais, Manitoba
R0E 0T0

Memberships

Memberships are still only \$20.00
Memberships purchased will be honored for all of 2026.

The application form is available on the website:
grandbeachtourism.com

Payments can be e-transferred to:
payments@ebdc.ca

EBDC has applied to the From the Ground Up grant 2026 for signs as we are legal now (in 2 areas) and just need funding.

EBDC Officers and Directors

President - Dan Lester
Vice-President - Ashley Meilleur
Treasurer - Terry Neplyk

EBDC Directors at large

Dale Boss
Lori Rotchik
Frank Koreman

GRAND MARAIS & DISTRICT SENIOR CITIZENS

Grand Marais Community Central on Hwy 12
Box 238, Grand Marais, R0E0T0
Email: gmdseniors@gmail.com
Website: www.gmdseniors.ca

CRIB NIGHT: Every Monday night. 6:30pm at Grand Marais Community Central. Everyone is welcome. Come out for a fun evening!

MEMBERSHIPS 2026: Membership is \$20 until the end of May, then it becomes \$30. E-transfer to gmdseniors@gmail.com to renew or join.

MOBILE EQUIPMENT LOAN: Call Maureen at 204-299-8275

EXERCISE: The Thursday Exercise Club (fall prevention) runs every Thursday at 11:00am. Free for all members. Not a member? Join for just \$20 and participate. Stay for a free coffee and social time after the exercise class.

ANNUAL GENERAL MEETING: Our AGM will take place on May 11th at 11:00am.

Elections will be held during the meeting. The positions of President, Treasurer, and two Directors are open. To run, you must have been a member for at least one year. However, with a majority vote of the assembly, members with less than 12 months may also be considered.

We encourage you to help keep our Seniors organization strong and our programs thriving by considering putting your name forward.

NEXT MEETING:

May 11th at 11:00am.
Catered spring luncheon to follow the meeting.