

East Beaches Social Scene
Resource Package Information

<p>Clinics (Dr, Physio, Chiropractic, Massage etc.)</p>	<p>Grand Marais Community Central 36058 Hwy 12, Grand Marais <u>Chiropractic</u> Dr. Garry Eng. and Dr. Derek Okabe 204-989-2225 <u>Massage Therapist</u> RMT Jennifer Sellar 204-361-6882</p> <p>Powerview Clinic & Pharmacy 171 PTH 12 Pine Falls, MB 204-367-4805</p>	<p>Hours: Every Friday year around from 2-6pm</p> <p>Hours: Every Saturday year round</p> <p>Hours: M/W/F 9am to 5pm T/Th 9am to 7pm Sat 10am to 4pm Sun Closed</p>
<p>Community Hall</p>	<p>Victoria Beach Community Centre Arthur Road Victoria Beach, MB. Community Centre: 204-756-2330</p> <p>Grand Marais Recreation Centre 90 Matilda Ave. Grand Marais, MB. 204-754-2325</p> <p>Stead Community Hall 96134 Stead Rd, Stead, MB.</p> <p>East Beaches Regional Complex 36058 Hwy 12, Grand Marais</p>	

<p>Food Bank</p>	<p>There is not a food bank located in the beaches area. Referrals can be made to the following.</p> <p>Selkirk Food Bank 310 Christie Ave. Selkirk, MB. 204-482-9178</p> <p>Lac Du Bonnet and Area Food Bank 55 McArthur Ave. Lac Du Bonnet, MB. 204-345-9807</p> <p>Food Bank of Beausejour 730 Park Ave. Beausejour, MB. 204-268-3600</p>	<p>Hours: Tuesday 10am to 2pm</p> <p>Hours: Monday & Thursday 10am to 12 noon</p> <p>Hours: Monday & Thursday 10am to 12 noon</p>
<p>Grocery Stores</p>	<p>Saffies General Store 2 Girard Street Albert Beach, MB. 204-756-3846</p> <p>Traverse Bay Corner Store Highway 59 & MB-11 Traverse Bay, MB. 204-756-2366</p> <p>Thomas Crossing Community Store 39001 Belair Road Belair, MB. 204-754-3410</p> <p>Hillside Beach Store and Eatery Corner of Lakeshore Rd & Hillside Rd Hillside Beach, MB. 204-756-2120</p> <p>Grand Marais Village Store 33 Victory Road Grand Marais, MB. 204-754-2344</p>	<p>Hours: Monday to Sunday 8am to 8pm They have a Seniors Day and they deliver.</p> <p>Hours: Monday to Wednesday 8am to 8pm Thursday 12 – 8pm Friday to Sunday 8am to 8pm They have a Seniors Day and they deliver.</p> <p>Hours: Sunday 12 -6pm Mon., Wed. & Thurs 9am – 6pm Tues. Closed Friday & Saturday 9am – 7pm</p> <p>Hours: Everyday 10am to 6pm</p> <p>Hours: Sunday to Thursday 9am to 6pm Friday & Saturday 9am to 8pm</p>

<p>Hospitals</p>	<p>Pine Falls Health Complex 37 Maple Street Powerview-Pine Falls, MB. 204-367-4441</p> <p>Selkirk Regional Health Centre 120 Easton Drive Selkirk, MB 204-482-5800</p>	<p>Open 24 hours</p> <p>Open 24 hours</p>
<p>Indigenous Healing Centres</p>	<p>Giigewigamig Traditional Healing Centre Pine Falls Health Complex 37 Maple Street Powerview-Pine Falls, MB.</p> <p>Sagkeeng Mino Pimatiziwin Family Treatment Centre I/R Fort Alexander Toll Free 1-866-329-0736 204-367-2172</p>	<p>Hours: Mon to Fri 8:30am to 4:30pm</p> <p>Hours: Mon to Fri 8:30am to 4:30pm</p>
<p>Libraries</p>	<p>Victoria Beach Branch Library 3 Ateah Road Victoria Beach, MB. 204-756-2043</p>	<p>Hours: Wed, Fri & Sat 10am – 2pm</p>
<p>Local RCMP Detachment</p>	<p>Victoria Beach Police Non-emergency phone number 204-756-2322</p> <p>Powerview RCMP Detachment 265 Main St Powerview, MB Telephone: 204-367-8728 Fax: 204-367-2802</p> <p>Grand Marais RCMP 293-37149 PTH 12 RM of St. Clements MB Telephone: 204-754-3494 Fax: 204-754-3727</p>	<p>Hours: Monday to Friday 8am to 5pm</p> <p>Hours: Monday to Friday (Long weekends of May to September.) 8 am to 4 pm Tuesday and Thursday (September to the end of May) 8 am to 4 pm Wednesday - every second week (September to the end of May) 8 am to 4 pm</p>

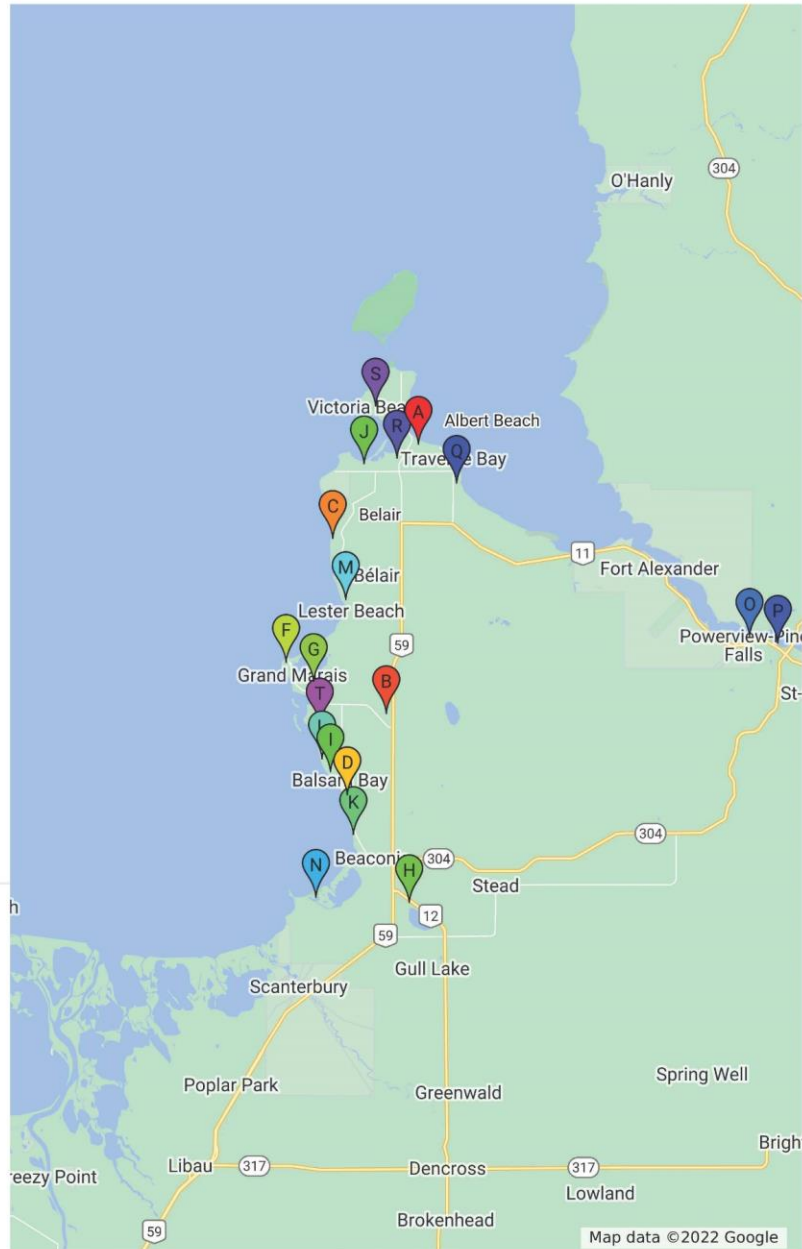
<p>Pharmacies</p>	<p>Guardian - Pine Pharmacy 22 Pine St. Powerview-Pine Falls, MB. 204-367-2611</p> <p>Sagkeeng Health Centre I/R Fort Alexander, MB. Pharmacist Phone: (204) 367-9900</p> <p>Walmart Pharmacy – Selkirk 1016 Manitoba Ave. Selkirk, MB 204-785-9010</p> <p>Shopper Drug Mart – Selkirk 230 Main St. Selkirk, MB 204-482-5600</p>	<p>Hours: Mon to Fri 10am to 6pm Sat 10:30am to 4:30pm Sun Closed Delivers to the East Beaches area.</p> <p>Hours: Mon to Fri 8:30 to 4:30pm</p> <p>Hours: Mon to Fri 7am to 8pm Sat 9am to 6pm Sun 12 to 5pm</p> <p>Hours: Everyday 8am to 12am</p>
<p>Physicians' Offices</p>	<p>Doctors Office 124 Birch Ave. Victoria Beach, MB. 204-756-6305 Summer months</p> <p>Sagkeeng Health Centre I/R Fort Alexander, MB. Medical Clinic - Dr's Office Phone: (204) 367-2208 Fax: (204) 367-458</p> <p>Pine Falls Medical Clinic 37 Maple Street Powerview-Pine Falls, MB. 204-367-2278</p> <p>Powerview Clinic & Pharmacy 171 Manitoba 11 Pine Falls, MB 204-367-4805</p>	<p>May – September Doctor's vary</p> <p>Hours: Mon to Fri 8:30am to 4:30pm</p> <p>Hours: 8:30am to 4:30pm</p> <p>Hours: Mon: 9:00am to 5:00pm Tue: 9:00am to 7:00pm Wed: 9:30am to 5:00pm Thu: 9:00am to 7:00pm Fri: 9:00am to 5:00pm Sat: 10:00am to 4:00pm Sun: Closed</p>

Rural Municipality	<p>RM of Alexander 1 Bouvier Trail St. Georges, MB. 204-367-6170</p> <p>RM of St. Clements 1043 Kittson Road East Selkirk, MB. 204-482-3300</p> <p>RM of Victoria Beach 705-1661 Portage Ave. Winnipeg, MB. 204-774-4263</p>	<p>Hours: Monday to Friday 8:30am to 4:30pm</p> <p>Hours: Monday to Friday 8:30am to 4:30pm</p> <p>Hours: Monday to Friday 8:30am to 4:30pm</p>
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Eastern Beaches Area of Lake Winnipeg

Places

- Albert Beach
- Bear Paw Estates
- Belair
- Boulder Bay
- Gimly
- Grand Beach
- Grand Marais
- Gull Lake
- Halcyon Cove
- Hillside Beach
- Island Beach
- Lakeshore Heights
- Lester Beach
- Patricia Beach
- Pine Falls
- Powerview
- Traverse Bay
- Victoria Bay Estates
- Victoria Beach
- White Sands Estates
- Winnipeg Beach



RM of Alexander - Wards 2010

